

ENPQ adapts the health measures on its campus according to the evolution of the pandemic. Staff, students or anyone who has to walk around inside ENPQ's buildings or on its grounds must respect these measures. To obtain up-to-date information or to consult the Guide and protocols for returning to ENPQ, visit the [COVID section on our website](#).

Here are the health measures **in effect on December 1, 2020**.

## Health measures – General rules

- You must complete the [Daily Health Questionnaire](#) every day before your arrival at ENPQ and before 9:30.
- You must wear a procedure mask (not a face covering) to walk around in the school and keep a physical distance of two metres from one another at all times.
- In classrooms, the procedure mask is required at all times, even for the instructors.
- In offices, the procedure mask can be removed as long as you are sitting two metres away from your colleagues.
- You must wash your hands upon arrival at ENPQ and regularly throughout the day.
- Using a germicidal cleaner, you must clean your work surface, the tables at the cafeteria or in the classrooms, on arrival and departure.
- If you share work or study spaces or office accessories, you must be vigilant and clean your hands, surfaces and accessories before and after use.
- There is a sign on the doors of meeting rooms, washrooms and elevators indicating the number of people allowed; you must respect this number at all times.
- Ideally, clients should bring their own water bottle and coffee cup. Cardboard cups, lids and sticks near the coffee machines have been removed. However, it is not permitted to refill reusable containers at the cafeteria.

## Sharing of documents or objects

- The sharing of documents, papers or objects, such as a pen, must be kept to a minimum. Public Health recommends a 24-hour quarantine period for shared documents. Handwashing is required.
- The use of electronic payment is preferred.

## Cafeteria, mess, shop and training room

- The cafeteria schedule is as follows:
  - Breakfast:
    - 6:30 to 7:00: confined students of basic training programs
    - 7:00 to 8:00: all unconfined clients
  - Lunch:
    - 11:30 to 12:00: all unconfined clients and staff
    - 12:00 to 12:30: confined students of basic training programs
      - Correctional Officer Basic Training Program at 11:45
    - 12:30 to 13:00: all unconfined clients and staff
  - Supper:
    - 16:45 to 17:30: confined students of basic training programs
    - 17:30 to 18:00: all unconfined clients
- Confined students (basic training) eat in the cafeteria and the Maurice Baril room according to the established schedule.
- Unconfined clients can pick up their meals at the cafeteria according to the established schedule but must eat in their classroom for breakfast and lunch. They must have supper in the cafeteria or the Maurice-Baril room.
- Staff members can pick up their meals at the cafeteria according to the established schedule, but must eat at their desk.
  - Instructors may eat at their desk, at the mess or in the BTPPP common room.
  - CECAP clients eat breakfast and supper at the mess and have lunch at CECAP.
  - CECAP observers eat breakfast and supper in room C1-13 and have lunch at the mess.
- For breakfast and lunch, the cafeteria and Maurice-Baril dining rooms are reserved exclusively for students in basic training programs who are confined on campus.
- The mess is open during the following periods:
  - Monday to Thursday from 7:30 to 15:30.
  - Friday from 7:30 to 13:30.
  - In the evening, from 16:00 to 21:00, depending on the clientele. Therefore, it is necessary to check the opening periods assigned according to the cohorts or the advanced training clientele. They are posted at the entrance of the mess. By alternating the clientele, we avoid too many people in the mess at the same time.

- *Le Patrouilleur* shop is open during the following periods:
  - Monday to Friday from 7:30 to 11:00 and from 12:00 to 14:00;
  - Wednesday night from 16:30 to 19:00;
  - Saturday from 10:00 to 13:00.
- The training room is accessible for the confined clientele only and during the following periods:
  - Monday to Friday from 18:30.
  - Saturday and Sunday from 12:30. Please note that the procedure mask must be worn in the training room; it can be removed during training exercises or on the equipment, but must be worn when moving between equipment and training stations.

### Procedure in the event of the appearance of symptoms that may be related to COVID-19

- **Day:** promptly notify your coordinator.
- **Evening and night:** promptly notify the person in charge of extracurricular activities (dial 0).
- Stay or quickly return to your room.
- Call 1 877 644-4545.

### For more information

- Refer to your coordinator or your ENPQ contact.
- Consult the [Retour à l'École](#) section on our website (in French only).
- Consult the [Foire aux questions](#) (in French only).